

# **Ernest Y. Cheng, DO**

(925) 691-1700

## **CURRENT POSITION**

Physiatrist, Interventional Pain Physician, Sports Medicine Physician East Bay Spine and Sports Medicine Pleasanton/Berkeley, CA	2014-present
Physiatrist, Interventional Pain Physician, Sports Medicine Physician Independent Contractor	2013-present

## **EMPLOYMENT HISTORY**

Physiatrist, Interventional Pain Physician Pain and Rehabilitative Consultants Medical Group Oakland/Emeryville, CA	2007-2013
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## **EDUCATION**

University of Illinois at Urbana-Champaign  
Champaign, IL 1994-1998  
Bachelor of Science, Biology, May 1998

Midwestern University-Arizona College of Osteopathic Medicine  
Glendale, AZ 1998-2002  
Doctor of Osteopathic Medicine, May 2002

Mesa General Hospital  
Mesa, AZ  
Resident Physician, Transitional Year Internship, 2002-2003

Rush University Medical Center  
Chicago, IL  
Resident Physician, Department of Physical Medicine and Rehabilitation, 2003-2006  
Chief Resident 2005-2006

Pain and Rehabilitative Consultants Medical Group  
Oakland, CA  
Clinical Fellow, Interventional Spine and Pain Management, 2006-2007

## **BOARD CERTIFICATION**

National Board of Osteopathic Medical Examiners (NBOME)  
Diplomate, American Board of Physical Medicine and Rehabilitation (ABPMR)  
-Subspecialty Board Certification in Sports Medicine  
Diplomate, American Board of Pain Medicine (ABPM)

## **MEDICAL LICENSURE AND CERTIFICATIONS**

Qualified Medical Evaluator (QME), State of California 2007-2016

Licensed Physician and Surgeon, State of California 2006-2016  
Licensed Physician and Surgeon, State of Illinois 2006-2014

Certified Strength and Conditioning Specialist (CSCS), National Strength and Conditioning Association, 2007-2016  
Certified Sports Performance Coach, USA Weightlifting, 2008-2011  
Certified Provider, Advanced Cardiac Life Support, 2000-2016  
Certified Provider, Basic Life Support, 2000-2016

## **HONORS AND AWARDS**

### **Undergraduate**

James Scholar, University of Illinois at Urbana-Champaign, 1994

Phi Eta Sigma, University of Illinois at Urbana-Champaign, 1994  
-Freshman Honor Society

### **Residency**

Endo Pharmaceuticals Scholarship Recipient to American Pain Society Annual Meeting 2006

## **PROFESSIONAL MEMBERSHIPS AND SOCIETIES**

California Society of Industrial Medicine and Surgery (CSIMS), 2012-2016  
Vice President, 2016  
Board of Directors, 2016  
Legislative Committee, 2013-2016  
Medical Education Committee, 2015  
Alameda-Contra Costa County Medical Association (ACCMA), 2012-2016  
Inter-professional Committee, 2013-2015  
Osteopathic Physicians and Surgeons of California (OPSC), 2012-2016  
Worker's Compensation Committee, 2013-2015  
Chinese American Physicians' Association (CAPS), 2013-2016  
Association of Ringside Physicians (ARP), 2012-2014  
American Society of Interventional Pain Physicians (ASIPP), 2007-2016  
California Society of Interventional Pain Physicians (CASIPP), 2014-2015  
National Strength and Conditioning Association (NSCA), 2007-2015  
American Pain Society (APS), 2006-2007  
American Academy of Pain Medicine (AAPM), 2005-2016  
International Spine Intervention Society (ISIS), 2005-2016  
North American Spine Society (NASS), 2005-2016  
American Association of Neuromuscular & Electrodiagnostic Medicine, (AANEM), 2005-2016  
American College of Sports Medicine (ACSM), 2004-2011  
International Society of Physical Medicine and Rehabilitation, 2004-2010  
Association of Academic Physiatrists (AAP), 2003-2006  
American Academy of Physical Medicine and Rehabilitation (AAPM&R), 2003-2016  
Fellow 2007-2016  
Pain Council-Interventional Advisory Committee, 2014-2016  
Medical Student Mentor, 2006-2011  
AAPMR-Physiatric Association of Spine, Sports and Occupational Rehabilitation (PASSOR), 2004-2010

Arizona Medical Association, 1999-2002  
American Medical Association, 1998-2011  
American Osteopathic Association (AOA), 1998-2006  
American College of Osteopathic Family Physicians, 1998-2002  
Sports Medicine Club, Arizona College of Osteopathic Medicine, 1998-2000

## **PROFESSIONAL INTERESTS**

Sports Medicine  
Interventional Pain Management  
Non-operative Spine Care  
Electrodiagnostic Medicine

## **EDUCATIONAL ACTIVITIES**

### **Selected Teaching Activities**

California Society of Industrial Medicine and Surgery, Mid-Summer Seminar, Long Beach, CA

#### **Faculty Panel**

“The Challenging Patient-Part I: The Treating Perspective” June 2015

State of CA, Dept. of Workers’ Compensation 22<sup>nd</sup> Annual Educational Conference, Oakland, CA

#### **Faculty Panel**

“Working with Treaters: Better Outcomes When Red Flags Fly” February 2015

American Academy of Physical Medicine and Rehabilitation 69<sup>th</sup> Annual Assembly, San Diego, CA

#### **Faculty Preceptor**

#### **Resident Training Workshop**

“Physical Examination of the Shoulder Region” November 2008

American Academy of Physical Medicine and Rehabilitation 70<sup>th</sup> Annual Assembly, Austin, TX

#### **Faculty**

#### **Musculoskeletal Medicine Workshop**

“Functional and Kinetic-Chain Based Exam of the Foot: Defining  
Subtalar Neutral and the Pronated Foot” October 2009

### **Education and Scholarship**

Adjunct Clinical Faculty

Western University of Health Sciences College of Osteopathic Medicine of the Pacific Pomona, CA	2014-2016
Touro University College of Osteopathic Medicine Vallejo, CA	2015-2016
“Subspecialty Training in Physical Medicine and Rehabilitation” Presented to Psychiatry residents at Rush University Medical Center	February 2006

### **Continuing Education**

California Society of Industrial Medicine and Surgery Mid-Summer Seminar “Sink or Swim, Oceans of Opportunity” Long Beach, CA	June 2015
The Orthobiologic Institute 6 <sup>th</sup> Annual PRP and Regenerative Medicine Symposium & Cadaver Lab “Protocols, Research and Practice” Las Vegas, NV	June 2015
American Academy of Physical Medicine and Rehabilitation 75 <sup>th</sup> Annual Assembly San Diego, CA	November 2014
California Society of Interventional Pain Physicians 5 <sup>th</sup> Annual Meeting Rancho Palos Verdes, CA	September 2014
National Strength and Conditioning Association 37 <sup>th</sup> National Conference and Exhibition Las Vegas, NV	July 2014
California Society of Industrial Medicine and Surgery Mid-Summer Seminar Sacramento, CA	June 2014
California Society of Interventional Pain Physicians 4 <sup>th</sup> Annual Meeting Rancho Palos Verdes, CA	September 2013
California Society of Industrial Medicine and Surgery Mid-Summer Seminar Newport Beach, CA	June 2013
Osteopathic Physicians and Surgeons of California 52 <sup>nd</sup> Annual Convention San Diego, CA	February 2013
American Academy of Physical Medicine and Rehabilitation 73 <sup>rd</sup> Annual Assembly Atlanta, GA	November 2012
Osteopathic Physicians and Surgeons of California	September 2012

23 <sup>rd</sup> Annual Fall Conference San Diego, CA	
Osteopathic Physicians and Surgeons of California 51 <sup>st</sup> Annual Convention San Diego, CA	February 2012
National Strength and Conditioning Association 34 <sup>th</sup> National Conference and Exhibition Las Vegas, NV	July 2011
American Academy of Physical Medicine and Rehabilitation 70 <sup>th</sup> Annual Assembly Austin, TX	November 2009
Sonosite Musculoskeletal Ultrasound Training Course San Francisco, CA	September 2009
International Spine Intervention Society 17 <sup>th</sup> Annual Scientific Meeting Toronto, ON	July 2009
Sports Medicine & The NFL: A Sideline Perspective American Orthopedic Society for Sports Medicine San Francisco, CA	May 2009
American Academy of Physical Medicine and Rehabilitation 69 <sup>th</sup> Annual Assembly San Diego, CA	November 2008
The Anatomy, Diagnosis, and Treatment of Chronic Myofascial Pain with Prolotherapy University of Wisconsin School of Medicine and Public Health Madison, WI	October 2008
Arthrocare Vertebroplasty and Radiofrequency Tumor Ablation Training Course Roseville, CA	September 2008
MinSurg Biomechanical Innovations Trufuse Facet Fusion Training Course Lake Tahoe, CA	July 2008
Arthrocare National Plasma Disc Decompression (Nucleoplasty) Training Course Spinemark Medical Conference Center @ Texas Back Institute Plano, TX	June 2008
Sport & Spine Symposium "Functional Approach to the Spine" Northwestern University-Rehabilitation Institute of Chicago Chicago, IL	April 2008
Boston Scientific (Advanced Bionics) Advanced Physicians' Training Workshop on Spinal Cord Stimulation Concord, CA	April 2008

Team Physician Course American College of Sports Medicine San Antonio, TX	February 2008
Vertebroplasty, Kyphoplasty and Sacroplasty Review Course and Cadaver Workshop American Society of Interventional Pain Physicians Memphis, TN	February 2008
Sports Performance Coach Certification Course USA Weightlifting Anaheim, CA	January 2008
Sport-Specific Training Conference and Sports Nutrition Summit National Strength and Conditioning Association Anaheim, CA	January 2008
Advanced Team Physician Course American College of Sports Medicine Palm Springs, CA	December 2007
Sports Training Mastery: An Interdisciplinary Workshop For Strength Training Professionals Perform Better/Excelsior Sports San Jose State Univeristy San Jose, CA	October 2007
Ambulatory Surgery Center Symposium “The Backbone of a Healthy ASC: Chronic Spinal Pain Management as a Revenue Strategy” Kimberly-Clark/GE Healthcare San Francisco, CA	October 2007
Radiofrequency Lesioning to Manage Chronic Pain “An Intermediate to Advanced Course for Pain Management Physicians” Pfeidler Enterprises/Kimberly Clark Seattle, WA	October 2007
Interventional Pain Institute Hands-On Cadaver Course (Vertebroplasty/Percutaneous Discectomy) Napa, CA	September 2007
Buprenorphine and Office-Based Treatment of Opioid Dependence American Academy of Addiction Psychiatry Burlingame, CA	August 2007
International Spine Intervention Society 15 <sup>th</sup> Annual Scientific Meeting Baltimore, MD	July 2007
Medtronic Theory and Technique-Implantable Pain Therapies Physician Training Course Minneapolis, MN	June 2007

Boston Scientific (Advanced Bionics) Advanced Physicians Training Workshop on Spinal Cord Stimulation Tucson Orthopedic Institute-Surgical Training Center Tucson, AZ	March 2007
Fundamentals of Musculoskeletal Ultrasound: Instruction and Hands-On Workshops The University of Michigan Medical School Captiva Island, FL	February 2007
Persistent and Breakthrough Pain Management: Individualizing Therapy, Optimizing Function The Johns Hopkins University School of Medicine San Francisco, CA	January 2007
Advanced Billing and Coding for Pain Management Workshop Society for Pain Practice Management Las Vegas, NV	January 2007
Musculoskeletal Ultrasound for the Rheumatologist The Antonio J. Reginato Course Cooper University Hospital Palm Springs, CA	January 2007
American Academy of Physical Medicine and Rehabilitation 67 <sup>th</sup> Annual Assembly Honolulu, HI	November 2006
Advanced Neuromodulation Systems (ANS) Fellows Workshop on Spinal Cord Stimulation Medical Education Research Institute Memphis, TN	October 2006
Clinical Anatomy and Imaging of the Spine International Spine Intervention Society Burlingame, CA	October 2006
International Spine Intervention Society 14 <sup>th</sup> Annual Scientific Meeting Salt Lake City, UT	July 2006
IDET, Intra-discal Electrothermal Disc Decompression (Accutherm), Radiofrequency Facet Denervation and Provocation Discography Cadaver Course Rush University Medical Center Chicago, IL	May 2006
Essentials of Pain Management: Principals and Practice Resident Training Symposium San Antonio, TX	May 2006
American Pain Society 26 <sup>th</sup> Annual Meeting San Antonio, TX	May 2006
Functional Exercise Symposium "Chain Reaction Transformation" Chicago, IL	March 2006

Electrodiagnosis and Clinical Neurophysiology: A High Intensity Review 29 <sup>th</sup> Annual Course Northwestern University-Rehabilitation Institute of Chicago Chicago, IL	March 2006
Association of Academic Physiatrists Annual Meeting Daytona, FL	March 2006
Sports Medicine Update Loyola University Medical Center Chicago, IL	November 2005
American Academy of Physical Medicine and Rehabilitation 66 <sup>th</sup> Annual Assembly Philadelphia, PA	October 2005
International Spine Intervention Society 13 <sup>th</sup> Annual Scientific Meeting New York, NY	July 2005
American College of Sports Medicine 52 <sup>nd</sup> Annual Meeting Nashville, TN	June 2005
Advanced Treatment of Dystonia & Spasticity: Botulinum Toxin Rush University Medical Center Chicago, IL	May 2005
Residency Training Workshop Sport & Spine Symposium “Lower Body Approach” Northwestern University-Rehabilitation Institute of Chicago Chicago, IL	April 2005
Diagnosis and Treatment of Painful Spinal Disorders: State of the Art University of California San Francisco San Francisco, CA	April 2005
Interventional Spine Cadaver Course Stanford University Medical Center Stanford, CA	March 2005
Sport & Spine Symposium “Upper Body Approach” Northwestern University-Rehabilitation Institute of Chicago Chicago, IL	December 2004
North American Spine Society 19 <sup>th</sup> Annual Meeting Chicago, IL	October 2004
Thirty-First Annual Course on CT and MRI of the Brain, Head, Neck and Spine Rush University Medical Center Chicago, IL	October 2004



PASSOR Spinal Procedures Workshop "Phase I-Introduction to Lumbar Procedures" Phoenix, AZ	October 2004
American Academy of Physical Medicine and Rehabilitation 65 <sup>th</sup> Annual Assembly Phoenix, AZ	October 2004
AAPM&R Resident Physician Council Conference "An Interactive Physiatric Approach to the Management of Lumbar Spine Disorders" Resident Training Workshop Northwestern University-Rehabilitation Institute of Chicago Chicago, IL	July 2004

## **RESEARCH ACTIVITIES**

"Effects of population-specific variation on age estimation with two bony structures of bluegill" June 1997-Dec 1997  
Mentor: David Whal, PhD.  
I was responsible for sample collection, data recording and the construction of wildlife microcosms in the laboratory setting.

## **PUBLICATIONS/PRESENTATIONS AT NATIONAL MEETINGS**

### **Letters to the Editor**

**Cheng EY**. Easing the Inevitable Transition to Subspecialization. The Physiatrist. 2006;22:6.

### **Abstracts**

**Cheng EY**, Young JA. Behavioral Abnormalities and Cognitive Dysfunction in a Patient after Intracerebral Hemorrhage: A Case Report. Am J of Phys Med & Rehab. 2006;85:278.

Presented at the Association of Academic Physiatrists Annual Meeting, 4 March 2006, Daytona, FL.

Pang T, **Cheng EY**. Hardware Failure in a Patient After Total Hip Revision: A Case Report. Archives of Physical Medicine and Rehabilitation 2004;85:E1,55. Available from: *Archives* Electronic Pages via the Internet (<http://www.archives-pmr.org>).

Presented at the American Academy of Physical Medicine and Rehabilitation 65<sup>th</sup> Annual Assembly, 7 October 2004, Phoenix, AZ

## **EXTRACURRICULAR ACTIVITIES AND EVENT COVERAGE**

Medical Director, GUERILLA JIU-JITSU, in-house BRAZILLIAN JIU-JITSU TOURNAMENT (Guerilla Jiu-Jitsu Martial Arts Academy. Pleasanton, CA) 2011-2015  
Medical Staff , 16<sup>th</sup> Annual US OPEN BRAZILLIAN JIU-JITSU TOURNAMENT (San Jose, CA) 2011  
Medical Staff , SAN JOSE EARTHQUAKES 4 v 4 TOURNAMENT (Hayward, CA) 2011  
Medical Staff, TOMMIE SMITH YOUTH TRACK MEET (Edwards Stadium, UC Berkeley) 2011  
Medical Director, JUNIOR VARSITY and VARSITY HIGH SCHOOL SPORTS Pre-participation physicals (Castro Valley Highschool. Castro Valley, CA), 2009-2015

Medical Staff, AMERICAN LUNG ASSOCIATION “HUSTLE UP THE HANCOCK”-Stair Climb, 2006  
Medical Staff, NIKE “RUN-HIT WONDER” 2<sup>nd</sup> annual 10K run, 2005  
Medical Staff, MENS’ VARSITY CROSS COUNTRY/SOCCER Pre-participation physicals (University of Illinois at Chicago), 2005  
Medical Staff, CHICAGO DISTANCE CLASSIC–Half Marathon, 2004-2005